

UNIVERSITY OF ALBERTA SCHOOL OF PUBLIC HEALTH

Assessing the enteric pathogen risk within Natural Swimming Pools

Case study: Borden Park, Edmonton, Canada

Susan PETTERSON

Associate Professor, School of Medicine, Griffith University, Australia Director, Water & Health Pty Ltd

Acknowledgments

- Nicholas ASHBOLT Professor and Alberta Innovates Translational Research Chair in Waterborne Disease Prevention – <u>Ashbolt@Ualberta.ca</u>
- Drs Qiaozhi Li & Sydney Rudko
- SPH lab staff: David Shoults, Candis Scott, Lena Dlusskaya & Dr. Mats Leifels
- City of Edmonton staff, let by Cyndi Schlosser





Overview

- Introduction: illness and freshwater recreation
- What causes illness? Pathogens of concern in recreational environments
- How is water quality managed? Regulatory frameworks
- What is a risk based approach to managing recreational water safety?
- What is Quantitative Microbial Risk Assessment (QMRA)
- Application of QMRA Boden Park NSP, Edmonton, Canada

Illness and freshwater recreation

	Out	areaks	Cases of	fillness
Disease or symptoms	(n)	%	(11)	%
Gastroenteritis	157	60.6	18584	85.5
Non-chemical dermatitis*	49	18.9	1761	8.1
Primary amebic meningoencephalitis	49 28	10.8	28	0.1
Leptospirosis	7	2.7	426	2.0
Conjunctivitis ^b , pharyngitis, or aseptic meningitis (adenovirus or enterovirus)	6	2.3	746	2.0 3.4
Otitis externa	3	1.2	118	0.5
Chemical dermatitis	3	1.2	34	
Hepatitis	2	0,8	26	0.1 0.1
Typhoid fever	2	0.8	11	0.1
Chemical bronchial irritation	1	0,4	3	< 0.1
Chemical keratitis	1	0.4	3	< 0.1

Table II. Disease or Symptoms, Recreational Water Outbreaks, USA, 1971-2000.

* includes one outbreak (35 cases) of dermatitis with otitis externa. ^b includes one outbreak (5 cases) of dermatitis with conjunctival irritation.

Craun*, G. F., Calderon, R. L., & Craun, M. F. (2005). Outbreaks associated with recreational water in the United States. International journal of environmental health research, 15(4), 243-262.

	Outb	reaks	Cases o	f illness
Recreational water	$\langle n \rangle$	%	(n)	%
Lake or pond	116	44.8	7 559	34.8
Swimming pool only	72	27.8	11692	53.8
Swimming pool and other waters ^a	17	6.6	431	2.0
River, stream, creek, or canal	12	4.6	80	0.4
Wading pool	10	3.9	195	0.9
Water slide, wave pool, or interactive water fountain	7	2.7	1 247	5.7
Spring	7	2.7	137	0.6
Ditch or puddle	6	2.3	22	0.1
Swimming pool and wading pool	6 5	1.9	268	1.2
Lake, pond, or river and other waters ^b	3	1.2	3	< 0.1
Ocean.	2	0.8	44	0.2
Dunking booth	1	0.4	61	0.3
Unknown	1	0.4	1	< 0.1
Totals	259	100.0	21740	100.0

Table III. Water source, recreational water outbreaks, USA, 1971-2000.

⁶ Swimming pool and whiripool (7 outbreaks), swimming pool and hot tub (9 outbreaks), and swimming pool and sauna (1 outbreak). ^b Pond and swimming pool (1 outbreak), lake and swimming pool (1 outbreak), and river and wastewater holding pond (1 outbreak).

5 Craun*, G. F., Calderon, R. L., & Craun, M. F. (2005). Outbreaks associated with recreational water in the United States. International journal of environmental health research, 15(4), 243-262.

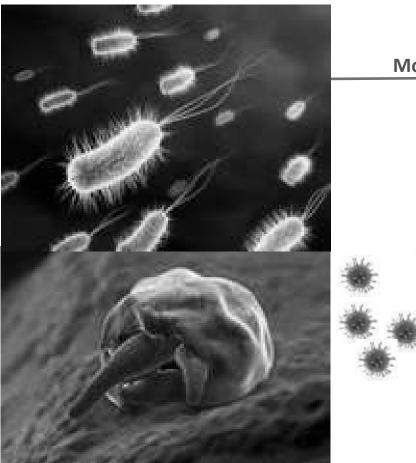
	Percentage of outbreaks with listed contamination or deficiency *				
Source of contamination or deficiency	Treated water (%)	Untreated water (%)			
Feces in water or ill bathers	36	31			
Poor maintenance or operation; inadequate or malfunctioning filter or disinfection	52				
Bather overloading or crowding	13	34			
Diaper aged children	18	25			
Seepage or overflow of sewage		21			
Animals	2 2	18			
Flooding, heavy rainfall	-	18 3			

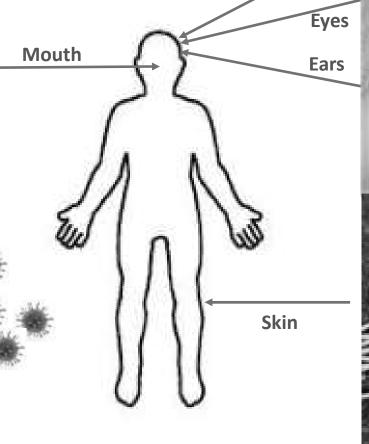
Table IV. Source of contamination and deficiencies, recreational water outbreaks, USA, 1971-2000.

* Some outbreaks have multiple deficiencies; thus, totals are > 100%. One swimming pool outbreak is included where no treatment was provided.

What causes illness? Pathogens of concern in recreational environments







Nose

How is water quality managed? Ensuring safety

Table 1 Comparison of microbiological requirements for NSPs in Germany, Austria, Switzerland, Italy and France

	Germany	Austria	FOPH & Aargau (CH)	SVBP (CH)	Bozen (I)	France
Document	FLL (2011)	ÖNORM (2010)	BaV (2001); FOPH (2004a, b)	SVBP (2012)	BZ (2011)	AFSSET (2009a, b); ANSES (2010)
Enterococci (cfu/100 ml)	max 50	max 20*-50	max 40	$< 20^{\mu} \max 50$	max 50	max 40
E. coli (cfu/100 ml)	max 100	max 30*-100	max 100	$< 30^{a} \max 100$	max 100	max 100
P. aeruginosa (cfu/100 ml)	max 10		max 10	max 10	max 10	max 10
S. aureus (cfu/100 ml)			nd	nd	nd	max 20
Salmonella		nd/100 ml	nd/100 ml	rid/100 ml	rid	
Cryptosporidium (oocysts)			nd/1,000 ml			
Legionella		1107100 ml				
Staphylococci (cfu/100 ml)		max 100		max 100		

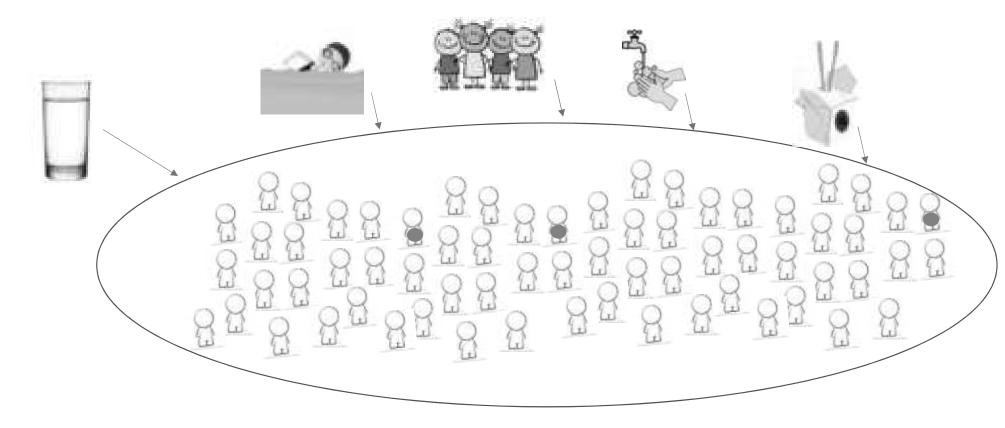
"Reference value.

nd - not detectable.

Giampaoli, Saverio, Nathalie Garrec, Gérard Donzé, Federica Valeriani, Lothar Erdinger, and Vincenzo Romano Spica. "Regulations concerning natural swimming ponds in Europe: Considerations on public health issues." *Journal of Water and Health* 12, no. 3 (2014): 564-572.

Why are we interested in microbial risk?

• Ensuring that water management practises are safe



What is a risk based approach to managing water safety?

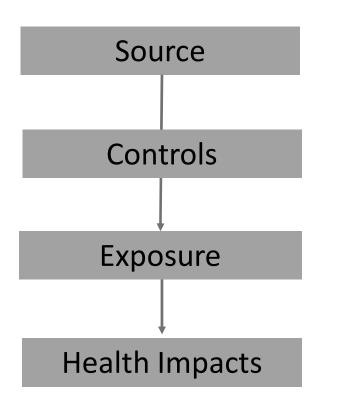
What is risk?

Likelihood of adverse affect, injury or loss

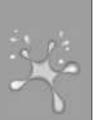
For a given scenario

- 1. Likelihood (probability of occurrence)
- 2. Consequence (measure of outcome) Probability of infection/illness Predicted number of cases of illness Change in disease burden

What is a risk based approach to managing water safety?



- Which pathogens are of concerns?
- What are the sources of pathogens to the water?
- What opportunities are there for control?
- What are the exposure pathways?
- What is the magnitude of exposure?
- What are the likely health outcomes?
- Is this acceptable?



QMRA for Water Safety Management (WHO,2016)

Source

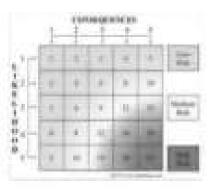
Controls

Exposure

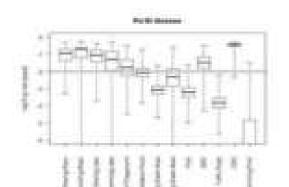
Health impacts



SANITARY INSPECTION



RISK MATRIX

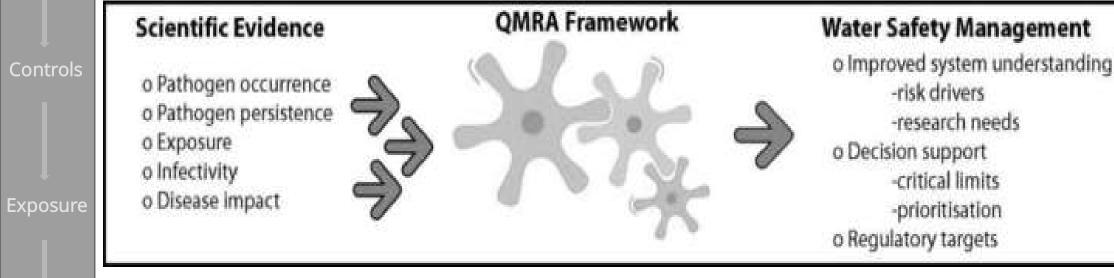


QUANTITATIVE MICROBIAL RISK ASSESSMENT Screening In depth

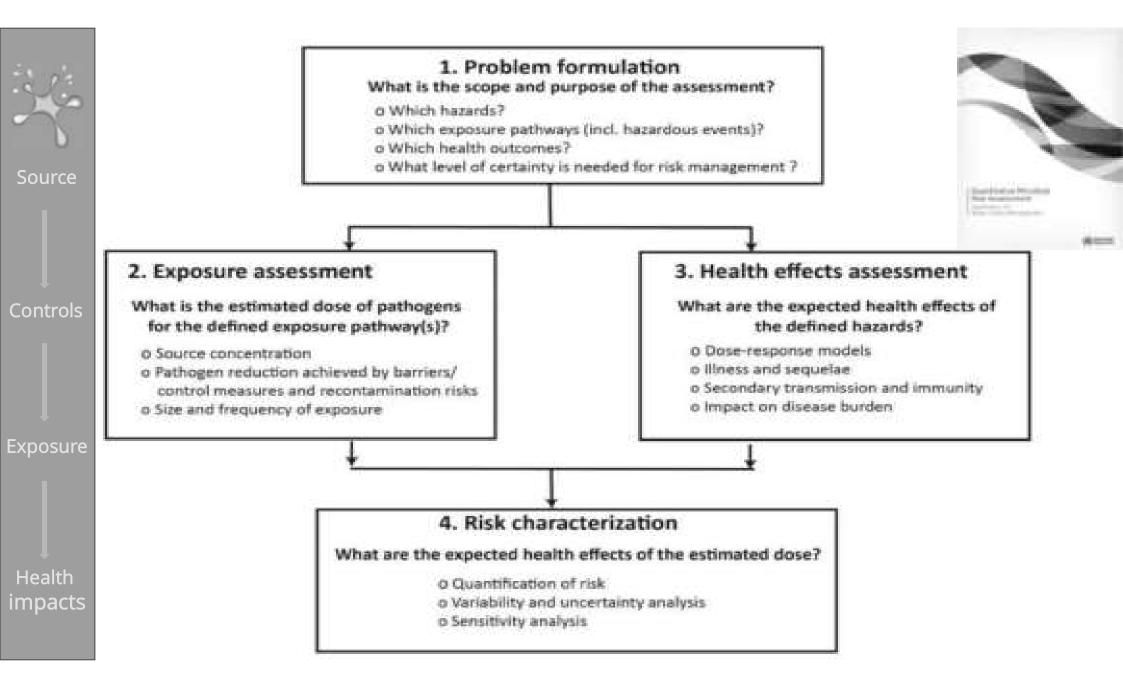
LEVEL OF KNOWLEDGE & RESOURCES LEVEL OF DETAIL IN REQUIRED INFORMATION UNDERSTANDING OF HAZARDS & CONTROLS LEVEL OF EVIDENCE-BASE IN RISK ASSESSMENT

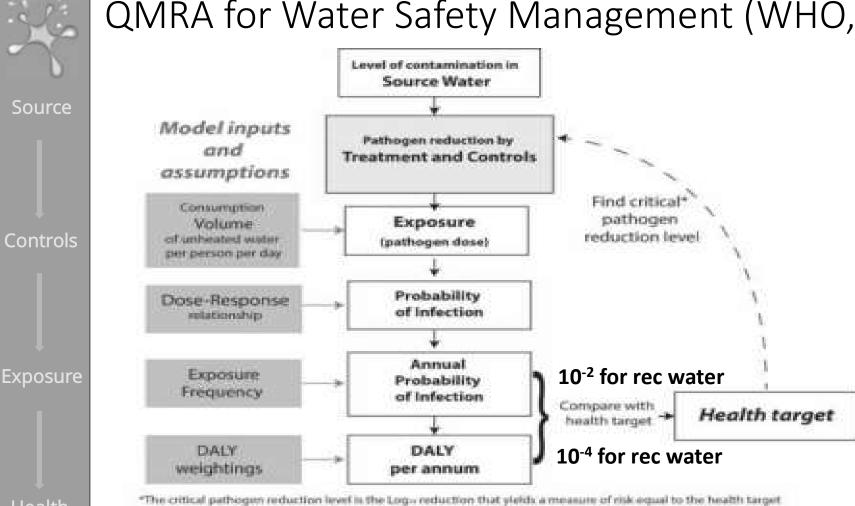


QMRA for Water Safety Management (WHO,2016)



Health impacts

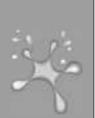




QMRA for Water Safety Management (WHO, 2016)

Health impacts

Petterson & Ashbolt (2016) J Wat Health 4(4): 571-589 WHO (2016) Quantitative Microbial Risk Assessment, Geneva



Controls

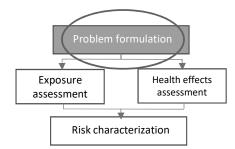
Exposure

Health impacts

Define the purpose and the scope of the investigation

Fit-for-purpose

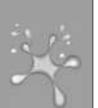




Undertake the most simple assessment necessary to achieve the desired outcome



Level of QMRA	Characteristics
Screening	 Provides a broad overview Can highlight or eliminate concerns Provides a crude understanding of drivers of risk Usually relies on worst case point estimates
Advanced	 Greater detail on possible health risks including drivers Incorporation of additional and site specific data May be point estimates or limited stochastic analysis
In-depth	 Provides a comprehensive understanding of health risks Detailed investigation of datasets including incorporation of variability Usually stochastic estimates of risk.



Controls

Exposure

Health impacts Epidemind. Infrict. (2003), 133, 201–208. @ 2004 Cambridge University Penn-DOI: 10.0117/S0050508064003437 Printed in the United Kingdom

An outbreak of viral meningitis associated with a public swimming pond

A. M. HAURI¹⁴, M. SCHIMMELPFENNIG², M. WALTER-DO S. DIEDRICH³, J. LOPEZ-PILA⁴ AND E. SCHREIER⁴

⁴ Government Health Service Institute, Differiburg, Germany

* Public Health Office, Kanel, Germany

⁸ National Reference Centre for Pollompelitis and Enterorieums, Robert Kiels Institi ⁶ German Environmental Office, Berlin, Germany

(Accepted 29 Ocsober 2004)

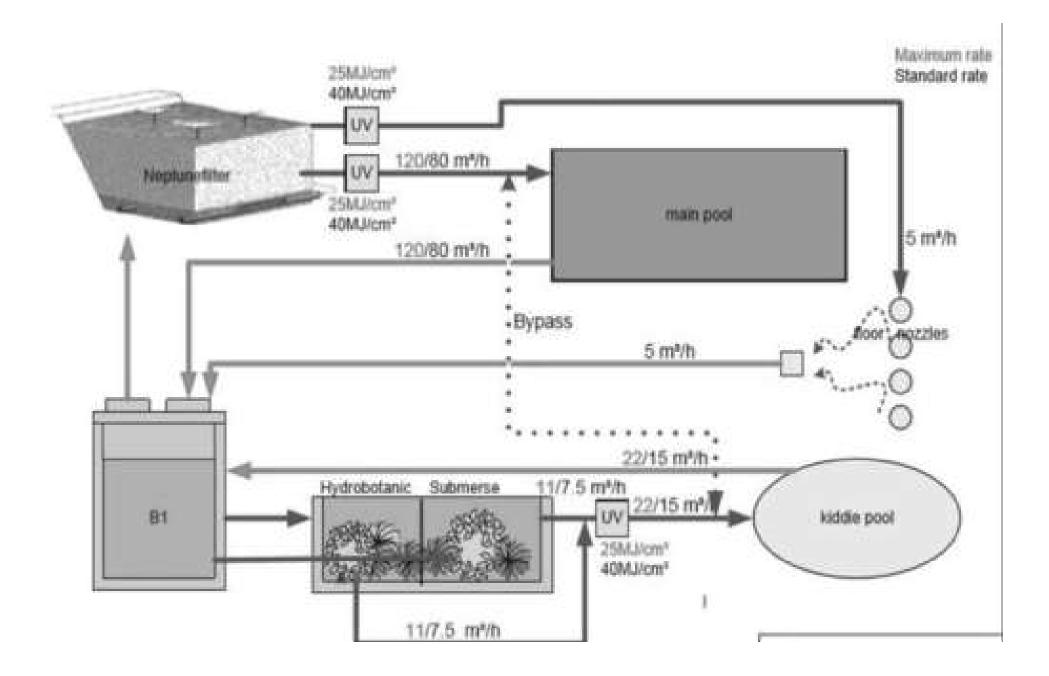
SUMMARY.

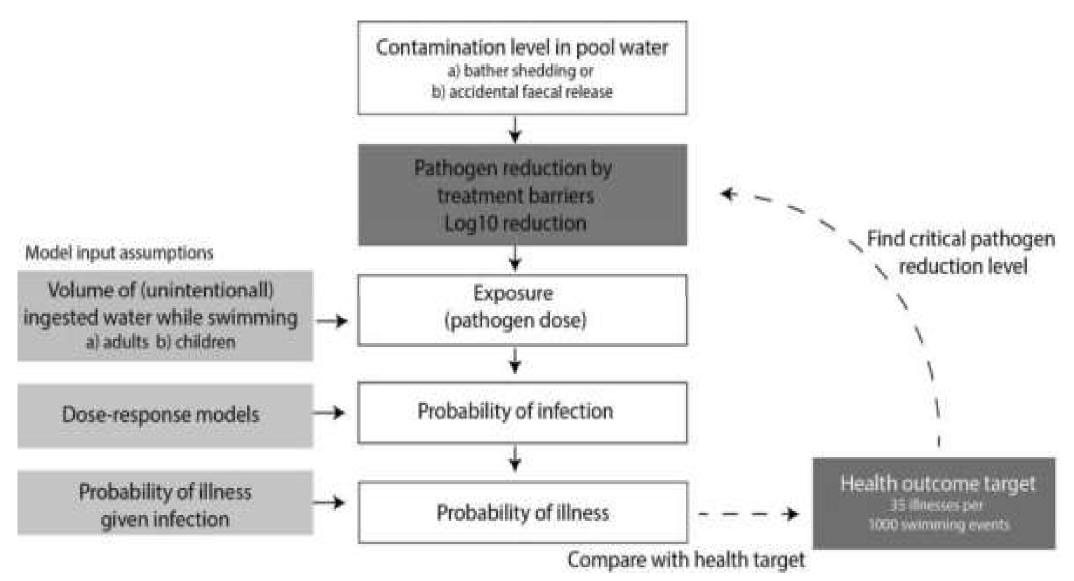
From July to October 2001, 215 cases of aseptic meningitis occurred among the inhabitants of the German city of Kaosel and neighbouring counties. A matched case-control study identified bathing in a public, nature-like pond during the beginning of the outbreak as a risk factor for disease [matched odds ratio (mOR) 44-8, 95% confidence interval (CI) 3-9–515-6]. Among bathers, patients with meningitis spent more time in the water (mOR 18-8, 95% CI 2-0–174-1) and swallowed water more frequently (mOR = 7-3, 95% CI 0-7–81-8). Of 30 cerebrospinal fluid samples tested, echovirus 30 was cultured from 16, and echovirus 13 from seven. An echovirus 30 sequence obtained from one pond water sample showed a 99% nucleotide and 100% amino-acid homology with patient isolates. This outbreak demonstrates the potential of nature-like swimming ponds to cause widespread community infection with substantial public health impact.

We could not definitively determine how the pond became contaminated. Bathing ponds have to be refilled with water of drinking-water quality. Given the small size of the pond, the low infective dose of ≤ 100 virus particles, the potentially high concentrations of virus particles in stool, the absence of efficient disinfection procedures and the high number of visitors, water contamination by faeces of a single person has the potential to cause a high number of echovirus infections.

Application of QMRA Boden Park NSP, Edmonton, Canada





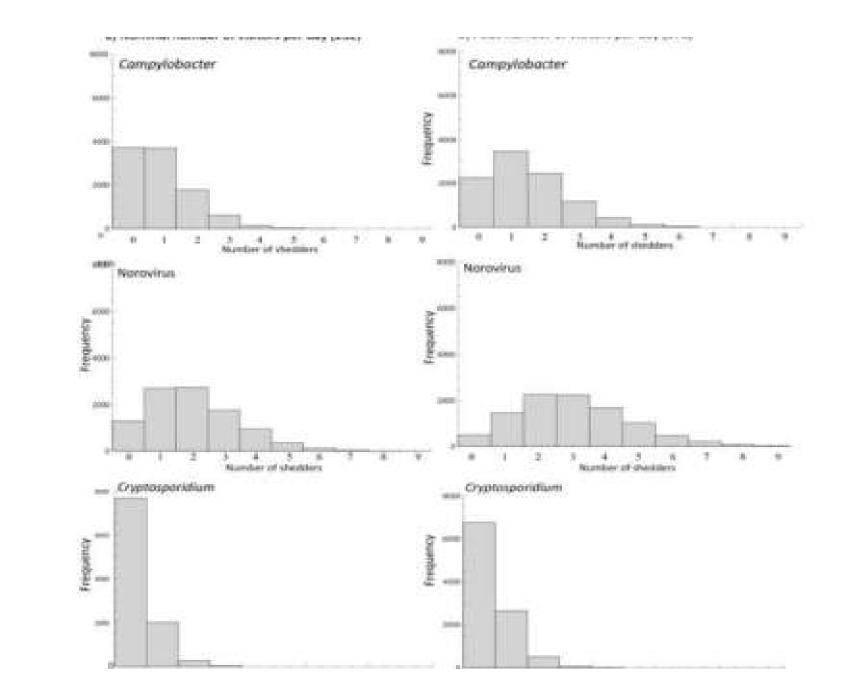


Bather shedding

Table 1 Amount of faecal material (grams) added to water during contact (reproduced from (Gerba 2000))

Child	0.01-10
Adult	0.1-0.0001
during bathing reported by Rose	0.14 coliforms shed, for all age groups, et al. (Rose et al. 1991) was 2.27 × n concentration per gram of feces is

	Campylobacter	Norovirus	Cryptosporidium
Reported cases by week*	40	20	15
Under reporting factor	27.2	288	48.5
	(Thomas, Murray et al. 2013)	(Tam, Rodrigues et al. 2012)	(Thomas, Murray et al. 2013)
Mean duration of	21	28.5	30
excretion (days)	(Havelaar, van Pelt et al. 2009)	(Tu, Bull et al. 2008)	(Stehr-Green, McCaig et al. 1987)
Asymptomatic infection	0.8	0.3	0.3
rate	(Black, Levine et al. 1988)	(Teunis, Moe et al. 2008)	(USEPA 2006)
Calculated Point Prevalence (%)	0.39	0.80	0.11

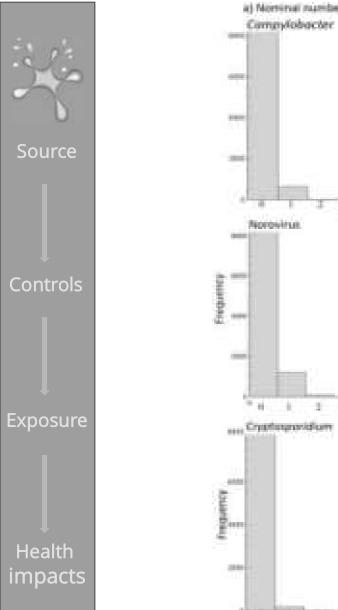


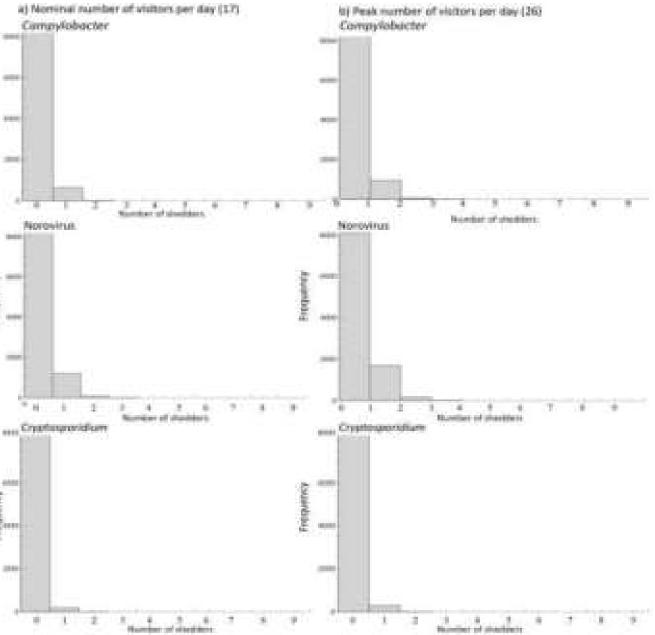
Controls

Exposure

impacts

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Controls

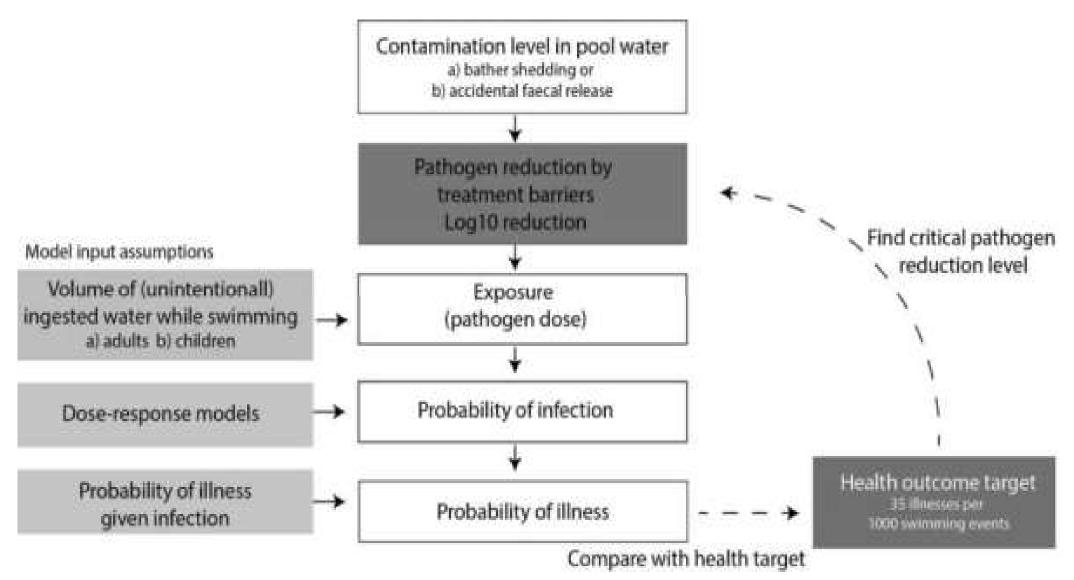
Exposure

Health impacts

QMRA estimates of reference pathogen concentration

	Estimated concentra	d Referenc ation (pathog	
to meet 32 illness/1,000 swims		Percentil	e
MAIN POOL	50	75	95
Campylobacter			
Nominal bathers	0.067	6.0	65
Peak bathers	1.1	15	93
Norovirus			
Nominal bathers	230	1,300	8,000
Peak bathers	620	2,500	11,000
Giardia			
Nominal bathers	0	0	4.11
Peak bathers	0	0.34	5.73
Cryptosporidium			
Nominal bathers	0	0	0.43
Peak bathers	0	0.038	0.63
KIDDIE POOL			
Campylobacter			
Nominal bathers	0	0	0.27
Peak bathers	0	0	9.7
Norovirus			
Nominal bathers	0	0	2,300
Peak bathers	0	0	6,100

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U.S. EPA Criteria for Recreational Waters

- Based on a suite of epidemiology studies that concluded*: 32 illnesses per 1,000 swimming events is the background risk level equates to median of < 30 enterococci per 100 mL or by qPCR single sample value of < 1,280 CCE/100 mL (or 110 CFU enterococci per 100 mL) Also may equate to 4,200 copies of HF183 sewage marker by qPCR
- For different situation to sewage contamination of recreational waters EPA recommends undertaking a quantitative microbial risk assessment (QMRA)
 - Using reference pathogens to address enteric viruses, bacteria & parasitic protozoa

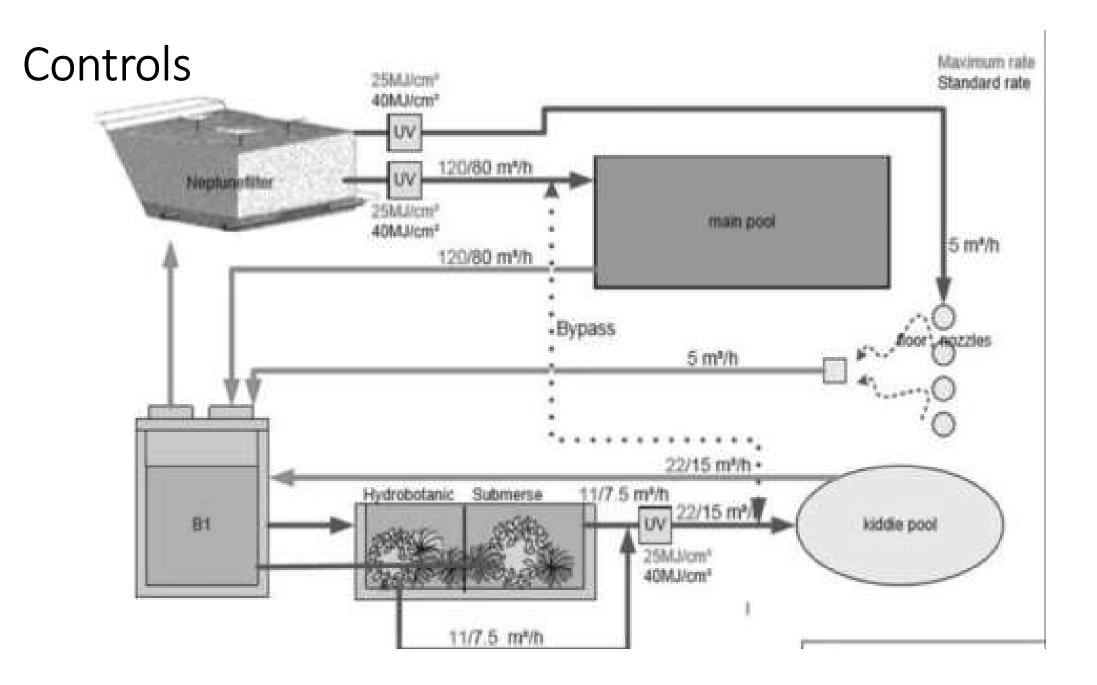
***US-EPA.** 2012. *Recreational Water Quality Criteria*. EPA 820-F-12-058. U.S. Environmental Protection Agency, Office of Water, Washington, DC.

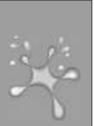
Assumed ingestion & ref pathogen dose-response models

	Adult			Child
Accidental ingestion	16 mL (Dufour) 37 mL (Dufo			37 mL (Dufour)
Faeces released	0.0001 – 0.1 g (Gerk	ba 2000)	0.02	1 – 10 g (Gerba 2000)
Swimmers per day	Х			У
	Campylobacter	Norov	virus	Cryptosporidium
Dose-response model: Exact Beta- Poisson parameters for infection	α = 0.024; β = 0.011 (Teunis, Van Den Brandhof et al. 2005)	α = 0.063; β = 0.032 (Messner, Berger et al. 2014)		α = 0.115; β = 0.176 (Teunis, Van Den Brandhof et al. 2005)
Probability of illness given infection	0.2 (Black, Levine et al. 1988)	0.7 (Teunie et al. 2008)		0.7 (U.S. EPA 2006)
Critical dose (# organisms for <32 illness/1,000): Adults (children)	18.4 (7.9)	4.9 (2.1)		8.4 (3.6)

QMRA estimates for Pathogens & LRV needed

	Estimated		•	Required	l Log ₁₀ red	uction to	achieve safe w	ater qualit	У*
	concentra	concentration (pathogens.L ⁻¹)		Adults		Children			
to meet 32 illness/1,000 swims		Percentil	e	F	Percentile	5	Percentile		
MAIN POOL	50	75	95	50	75	95	50	75	95
Campylobacter									
Nominal bathers	0.067	6.0	65	0	0	0.56	0	0	0.92
Peak bathers	1.1	15	93	0	0	0.70	0	0.26	1.1
Norovirus									
Nominal bathers	230	1,300	8,000	1.7	2.4	3.2	2.0	2.8	3.6
Peak bathers	620	2,500	11,000	2.1	2.7	3.3	2.5	3.1	3.7
Giardia									
Nominal bathers	0	0	4.11	0	0	0	0	0	0
Peak bathers	0	0.34	5.73	0	0	0	0	0	0
Cryptosporidium									
Nominal bathers	0	0	0.43	0	0	0	0	0	0
Peak bathers	0	0.038	0.63	0	0	0	0	0	0
KIDDIE POOL									
Campylobacter									
Nominal bathers	0	0	0.27	0	0	0	0	0	0
Peak bathers	0	0	9.7	0	0	0	0	0	0.15
Norovirus									
Nominal bathers	0	0	2,300	0	0	0	0	0	3.0
Peak bathers	0	0	6,100	0	0	0	0	0	3.4





Controls

Exposure

Estimated performance of removal barriers

	Best estimate of elimination capacity (log ₁₀ reduction) (with plausible ranges applied in Monte Carlo simulation)						
	Bacteria Viruses Protozoa						
Zooplankton filtering	0	0	0				
Neptune Filter	2 (1, 3)	1 (0.5, 2.5)	1.5 (0.2 ,3)				
Submerse substrate Filter	1 (0, 2)	0.5 (0, 2)	1 (0.2, 2.5)				
Hydro-botanic plant	1 (0, 2)	0.5 (0, 2))	1 (0.2, 2.5)				
UV (25 MJ.cm ⁻²)	5	2.6	3				

Health impacts

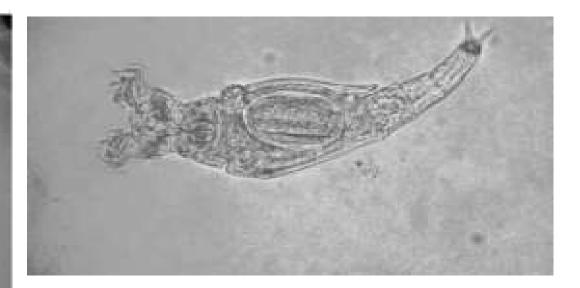


Zooplankton filtering

↓ Controls

Exposure

Health impacts





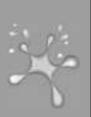
Controls

Exposure

Health impacts

Filtration rate

	Minimum	Maximum	Average
	Fmin	Fmax	Fav
Genus	ml/Ind./d	ml/Ind./d	ml/Ind./d
Ciliata	0.012	0.163	0.0875
Rotatoria	0.007	16.992	8.5
Copepoda	0.048	129.6	64.824
Cladocera	0.096	66.48	33.288



Controls

Exposure

Health impacts

REVIEW / SYNTHÈSE

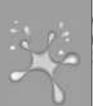
Protection of waterborne pathogens by higher organisms in drinking water: a review

Françoise Bichai, Pierre Payment, and Benoit Barbeau

Abstract: Higher organisms are obspotous in surface waters, and some species can proliferate in granular filters of water treatment plants and colonize distribution systems. Meanwhile, some waterborne pathogens are known to maintain viability inside amoebae or trematodes. The well-documented case of *Legionella* replication within amoebae is only one example of a bacterial pathogen that can be amplified inside the vacuoles of protozoa and then benefit from the protection of a resistant structure that favours its transport and persistence through water systems. Yet the role of most zooplankton organisms (rotifers, copepods, chalocerans) in pathogen transmission through drinking water remains poorly usderstood, since their capacity to digest waterborne pathogens has not been well characterized to date. This review aims at (i) evaluating the scientific observations of diverse associations between superior organisms and pathogenic microorganisms in a drinking water perspective and (ii) identifying the missing data that impede the establishment of cause and-effect relationships that would permit a better appreciation of the sanitary risk arising from such associations. Additional studies are needed to (*i*) document the occurrence of invertebrate-associated pathogens in relevant field conditions, such as distribution systems; (*ii*) assess the fate of microorganisms ingested by higher organisms in terms of viability and (or) infectivity; and (*ii*) study the impact of internalization by zooplankton on pathogen resistance to water disinfection processes, including advanced treatments such as UV disinfection.

Key words: drinking water, puthogen vectors, amoebae, nematodes, zooplankton.

Canadian Journal of Microbiology, 2008



Controls

Exposure

Health impacts MPLIED AND ENVIRONMENTAL MICROBIOLOGY, Nov. 2007, p. 7277–7282 099-2240/07/508.00+0 doi:10.1128/AEM.01206-07 Copyright © 2007, American Society for Microbiology. All Rights Reserved.

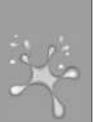
Impact of Zooplankton Grazing on the Excystation, Viability, and Infectivity of the Protozoan Pathogens Cryptosporidium parvum and Giardia lamblia[§]

S. J. Connelly, In E. A. Wolyniak, 7 K. L. Dieter, 17 C. E. Williamson, 1 and K. L. Jellison2

Department of Zoology, Miami University, Oxford, Ohio,¹ and Department of Civil and Environmental Engineering, Lehigh University, Bethlehem, Pennsylvania²

Received 30 May 2007/Accepted 6 September 2007

Very little is known about the ability of the zooplankton grazer Daphnia palicaria to reduce populations of Giardia lamblia cysts and Cryptosporidium parvam oocysts in surface waters. The potential for D. palicaria to act as a biological filter of C. parvam and G. lamblia was tested under three grazing pressures (one, two, or four D. palicaria grazers per 66 ml). (Oo)cysts $(1 \times 10^4 \text{ per 66 ml})$ were added to each grazing bottle along with the algal food Selenastrum capricornatum (6.6 × 10⁴ cells per 66 ml) to stimulate normal grazing. Bottles were rotated (2 rpm) to prevent settling of (oo)cysts and algae for 24 h (a lightdark cycle of 16 h/8 h) at 20°C. The impact of D. palicaria grazing on (oo)cysts was assessed by (i) (oo)cyst clearance rates, (ii) (oo)cyst viability, (iii) (oo)cyst excystation, and (iv) oocyst infectivity in cell culture. Two D. palicaria grazers significantly decreased C. parvam excystation and infectivity by 5% and 87%, respectively. Two D. palicaria grazers significantly decreased the viability of G. lamblia cysts by 52%, but analysis of G. lamblia excystation was confounded by observed mechanical disruption of the cysts after grazing. No mechanical disruption of the C. parvam oocysts was observed, presumably due to their smaller size. The data provide strong evidence that zooplankton grazers have the potential to substantially decrease the population of infectious C.



Controls

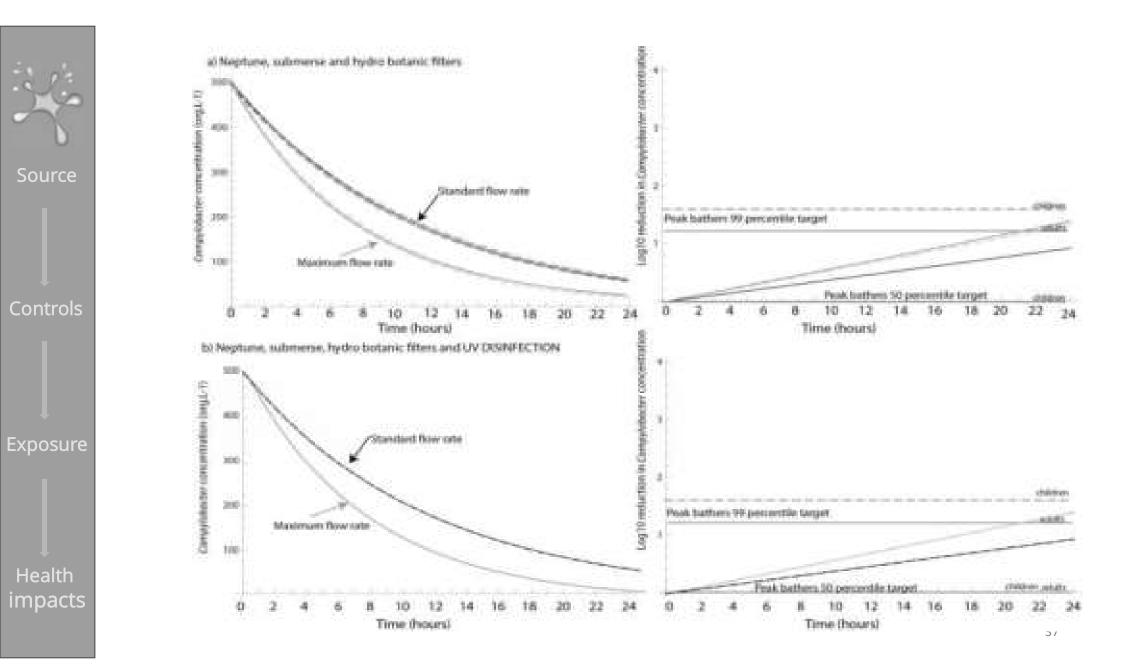
Exposure

Health impacts

Estimated performance of removal barriers

Best estimate of elimination capacity (log₁₀ reduction) (with plausible ranges applied in Monte Carlo simulation)

	Bacteria	Viruses	Protozoa
Zooplankton filtering	0	0	0
Neptune Filter	2 (1, 3)	1 (0.5, 2.5)	1.5 (0.2 ,3)
Submerse substrate Filter	1 (0, 2)	0.5 (0, 2)	1 (0.2, 2.5)
Hydro-botanic plant	1 (0, 2)	0.5 (0, 2)	1 (0.2, 2.5)
UV (25 MJ.cm ⁻²)	5	2.6	3

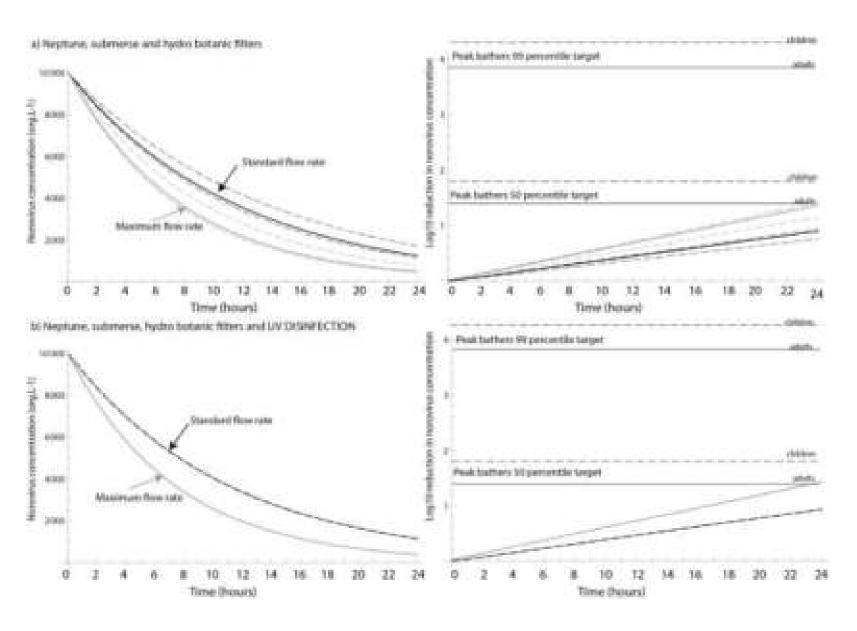








Health



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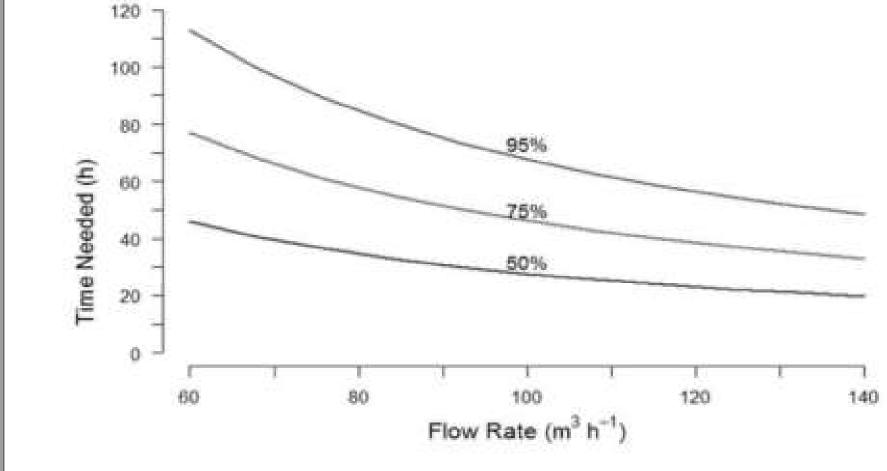


Time to reach Benchmark Risk Level by flow rate

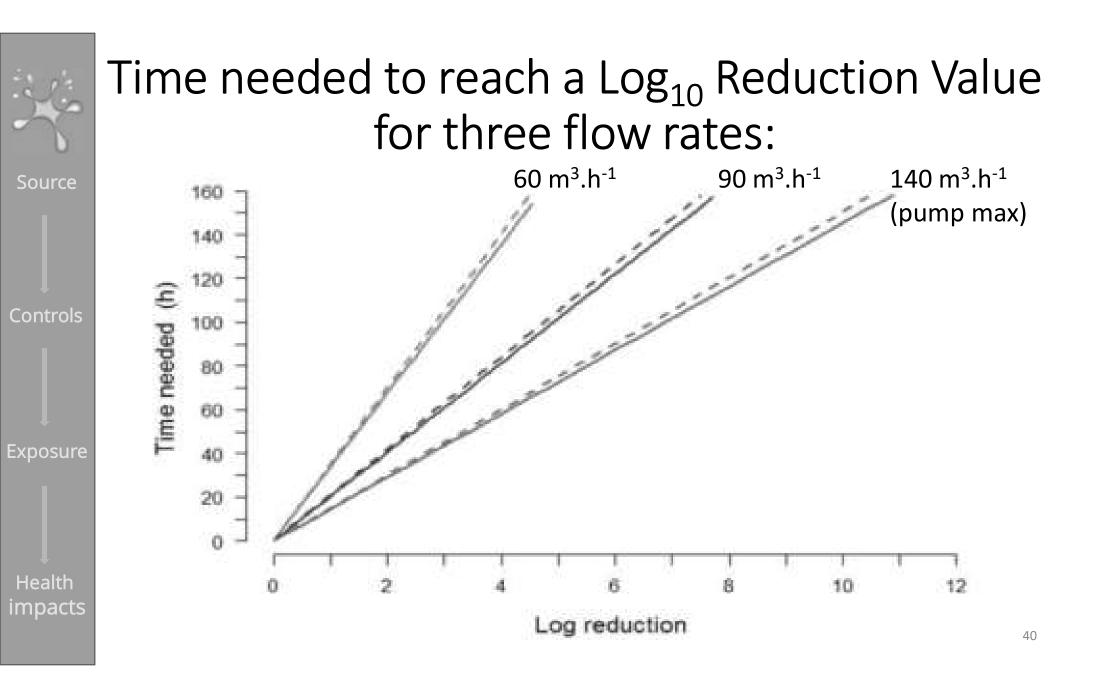
Controls

Exposure

Health impacts



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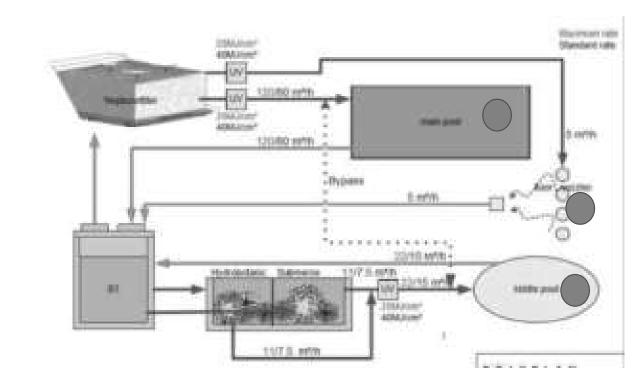




Accidental faecal release (AFR)

- Modelled at various locations, with and without UV disinfection
- UV disinfection limited the spread of the impact





Exposure

Controls

Health impacts



Source

Controls

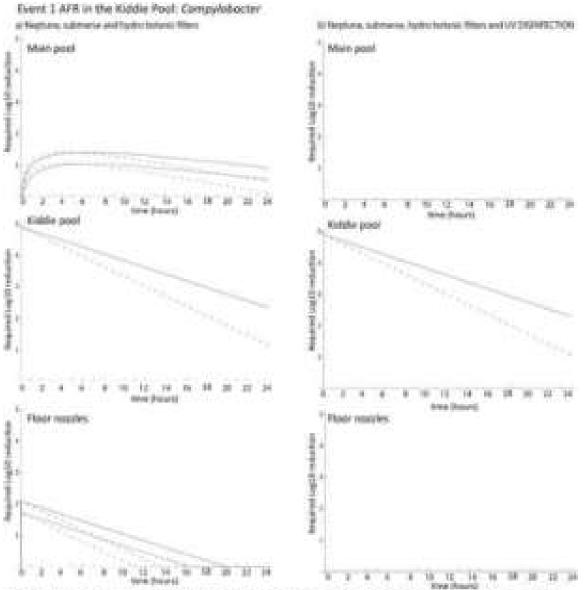
Kiddie pool: accident



Campylobacter

Exposure

Health impacts



Apd free represent advectment of differences beinget, bits free represent advectment of adult toppet, and free represent second free represents institute free represents inst



Controls: conclusions

- Overall performance was driven by the flow rate through the external treatment system
- Addition of UV disinfection limited the spread of contamination

Exposure ---- Limited information is available regarding the performance of control measures?

Health impacts Understanding the performance of the natural disinfection is an important research gap



Spiking trials

Source

• Neptune filter

Controls

Exposure

- Hydro-botanic plant and submerse filters
- UV systems



Study reference pathogens & surrogates

Enteric virus reference pathogen: human Norovirus

- **Surrogate**: <u>MS2 coliphage</u> (assayed as plaque-forming units & qPCR)
- Controls Enteric bacteria reference pathogen: *Campylobacter jejuni*
 - Surrogates: E. coli and <u>Enterococcus faecalis</u> (Colilert[™] & Enterolert [™] & total enterococci by qPCR)

Exposure Parasitic protozoan reference pathogens: *Cryptosporidium & Giardia*

• Surrogate: baker's yeast (*Saccharomyces cerevisiae*) (as CFU)

Health impacts

Log-reduction value estimates from spiking

	Enterococcus	Enterococcus qPCR	Total MS2 qPCR	Viable Yeast
NF	1.48 (1.36, 1.60)	1.25 (1.13, 1.38)	1.35 (1.05 <i>,</i> 1.82)	1.69 (1.54, 1.85)
HBF/SF	1.79 (1.75 <i>,</i> 1.84)	1.86 (1.81, 1.91)	2.35 (2.21 <i>,</i> 2.52)	1.84 (1.63, 2.01)
UV (Post NF)	> 4.02 (3.66, 4.62)	0.24 (0.09, 0.41)	*	>2.83 (2.49, 3.33)
UV (Post HBF/SF)	> 4.04 (4.01, 4.07)	0.04 (0.02, 0.06)	*	>2.77 (2.51, 3.17)

Mean and 95th confidence interval



Exposure

Health

impacts

Spiking trials

- Assumed values from literature were broader but generally within the value estimated from spiking study
- Virus removal was relatively low
- Bakers yeast appeared to be removed as expected for parasitic protozoan oo/cysts

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Source

Exposure

Health

impacts

Conclusions

- QMRA provided a useful framework for assessing pathogen risks associated with NSPs
- Overall treatment performance was limited by the flow rate through external treatment barriers
- Microbial surrogate challenge testing provided useful insights regarding full scale performance
- Understanding the performance of natural disinfection is an important research gap
- Risks can be minimised through alternative management approaches